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## **PROBLEMATIC ISSUES OF NORMATIVE LEGAL SUPPORT FOR PSYCHOLOGICAL ASSISTANCE TO POLICE OFFICERS AFTER BEING IN EXTREME SITUATIONS**

The article raises the problematics of normative-legal provision of psychological assistance to police officers after their exposure to extreme situations. Pointed out,

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that psychological support of professional activity is especially necessary for those police officers who took part in military actions, used the weapon and special means for suppression of offence as well as for those who witnessed death or traumatism of colleagues or citizens. It is emphasized that an important factor in overcoming the impact of extreme situations by police officers is psychological help. Theoretical analysis of modern approaches to understanding of the concept "psychological help" and their essence has been carried out. The concept of "psychological aid" as a field of practical application of psychology aimed at improving socio-psychological competence, psychological empowerment of people, as well as the provision of psychological help and psychological support both individually and in groups was revealed. We analyzed the current normative legal documents regarding the essence and content of psychological help to police officers after their stay in extreme situations. Noted, that the characteristics and procedure of psychological support in the National Police of Ukraine, covering also the provision of psychological assistance, is regulated by the Order of the Ministry of Internal Affairs of Ukraine from February 6, 2019 № 88 "On approval of the Order of the organization of psychological support system of police officers, employees of the National Police of Ukraine and cadets (listeners) of higher education institutions with specific conditions of training, which conduct police training". Covered cases of psychological help; types of psychological help considered as separate sub-functions of psychoprophylactic work; measures to provide psychological help; features of work organization for the timely elimination of problems of psychological origin, rapid updating of functional state and preservation of life and health; grounds for inclusion in psychological support and assistance. The general vision of a normative base for rendering psychological aid to policemen is outlined. It is underlined that now there is an increasing urgency of psychological help problems not only for policemen after they have been in extreme situations, but also for the population. It is stated that up to now there is no uniform legal definition of the term "psychological aid" which is enough necessary in the modern realities of war and postwar period that in turn creates gaps in law-making.

**Keywords:** psychological health, psychological help, rehabilitation, extreme situation, stress, policemen.

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