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FEATURES OF THE MANIFESTATION OF RESISTANCE IN POLICE

Paper is devoted to the issue of manifestation of vitality in police officers. A theoretical analysis of the views of scientists on the essence of the concept of “viability”. It has been shown that it is changeable during the life of the individual and in the process of professional development. The vision of viability of law enforcement officers and cadets of higher education institutions with specific training conditions of the Ministry of Internal Affairs of Ukraine is outlined. It has been shown that it is a basic characteristic of a police officer's personality, a regulator of readiness to act in stressful conditions and a factor of stability. The research article focuses on the empirical study of the peculiarities of the manifestation of vitality and stable functional states of the police officer. It is established that police officers have a high level of its formation. It is stated that the high severity of vitality and its components help the subjects to withstand stress, exercise self-control of their ability to work, be active in activity and flexibility in behavior, be motivated and effectively perform official

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tasks. It is determined that the specifics of official activity can cause tension, fatigue, monotony, oversaturation in police officers. Tension in the subjects is expressed by increased internal mobilization of personal resources. Correlations show that there is interdependence and a close relationship between resilience and stable functional states in police officers. The analysis revealed that a sufficiently developed level of vitality in police officers contributes to the mobilization of body resources, self-regulation of behavior and psycho-emotional state, increase their efficiency and effectiveness of professional activities, health and well-being.

Keywords: vitality, stress, stable functional states, monotony, fatigue.

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